

Swan Tower trio score triple Learning the Ropes success

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Editorial

Rob Parker
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It's been a hugely busy few months for ART. The Conference in March was a great success, and I advise everyone to put the date in your diaries for next year. The newly launched SmART Ringer website is also a massive step forward in usability for our Mentors, Teachers and Ringers as well as improving the efficiency of the ART Administrator's job.

But we were also disappointed to hear that support from the Ringing Foundation will be ending sooner than planned. ART is doing hugely valuable work but will need your support to continue (see page 7).

Chairman's Chatter

ART Conference 2015

The ART Conference this year was held in Birmingham. It certainly was an action packed day, with over 70 delegates present. The lead speaker was Professor Alison Hodge talking on the subject "What can bell ringing learn from the world of education" - a thought provoking presentation. Clare McArdle and her new ringer Tim Sunter talked about the method of teaching at the Birmingham School of Bell Ringers. Tim (right) had responded to a newspaper article saying that towers were falling silent due to lack of ringers and it was good to hear about things from the learner's side!

New Conducting Course

For the first time ART offered a conducting course. The new ART Conducting Course was piloted at the ART Conference having been developed by Simon Linford, Niel Donovan and Andrew Wilby. It covers the basic steps of calling and conducting Plain Bob Doubles and Minor. Would you like a conducting course to be run in your area? If you would like a course to be run for your Teachers and Ringers, please do contact me.

A Pool of Ringers

Tony Goodman from Thanet had a good idea! He has a large area to cover and not all towers have enough ringers to ring for events. So Tony started a "ringers pool", the idea is that if any tower is short of ringers they can find help from the "pool"! He hopes his innovative idea might be of use to others!

Are your ringers signed up for the ART LtR 50/50 CLUB?

Encourage them to join! When the logins go out to new ringers for the SmART Ringer website, all new ringers are sent a link to the ART LtR 50/50 CLUB.

The first draw took place at the ART Conference, with prizes of £40 and £20 to two lucky Members. Draws that place every quarter and as more people join, the top prize next time should be over £50 even at this early stage of the scheme. The Big Prize to be drawn at Christmas will be £300 and likely to be even more! The more people who join the bigger the prizes will get. You and your Ringers can join at www.ringingteachers.co.uk/5050

Accreditation... eventually

We want all our Day Course delegates to go on to work for accreditation and ART Membership but sometimes other life events can take us away from our teaching.

Trisha from London contacted me to say, "I only did Module 1 and never followed up the accreditation process. However, I am very aware that I do use many of the ideas and tips that I learned that day with you, and it has made me much more confident when I am standing by a learner in a circle. I know I am not the only student you've had who has not pursued accreditation but found great benefit from the programme. So this is just a note to say thank you for all you do. I hope you don't measure your success by certificates only, as I am certainly proof that the ART Training Scheme has intrinsic value."

By Pip Penney
ART Chairman
pippenney@ringingteachers.co.uk



Read Rosalind Martin's report and see photos and videos from the ART Conference on the ART website at www.ringingteachers.co.uk/conference



You may be glad to know that Trisha is now, several years later, planning to take a Module 2 Day Course and go for her accreditation! She may also return and repeat the Module 1 at a later date!

Mentor Development opportunity

Both the roles of Mentor and Teacher are so important to ART. Mentors assist Teachers until they become confident in their teaching to increase the numbers of ringers taught. Mentors do you feel competent and confident yourself as a Mentor? Are you a Mentor who would like to understand the Mentoring process more comprehensively?

Why not ask for a Mentor Development Workshop to be held in your area? This short workshop can be presented as a half day interactive course which a growing number of Mentors have found very useful. Contact me if you would like to hold one locally!

Eaton Bray strike it right

The Eaton Bray team won the Luton District Striking Competition during April - for the second year running.

The Eaton Bray team have always used the Learning the Ropes curriculum since most of them learned to ring in the autumn of 2013 and for the second year running, won the 'rounds' category of the Luton District striking competition, with the judges awarding 86% overall.

Beforehand, the band had got together for two special 'rehearsals' just ringing rounds as evenly as possible – and we used this as an opportunity to really focus on striking, handling and listening skills. Everyone got lots out of this, including the two ringing teachers who improved too.

Ringers commented that simply ringing rounds all practice (with breaks for discussion, a few chocolates and analysis) was very beneficial and far from being boring, it was very enjoyable and just goes to show how much concentration and accurate listening is required to ring rounds perfectly.

Until quite recently, St. Mary's Eaton Bray (6) had quite challenging bells where frame movement, an interesting series of pulleys and long draught made handling unpredictable, so although Eaton Bray ringers ring there every Sunday, they found it easier to practice at nearby Marsworth. In February this year, Taylor's did an outstanding job overhauling the bells and strengthening the frame, so they are now much easier and the team can progress more easily.

By Rose Nightingale
ART Member



Have you renewed your ART Membership?

All ART Members should have received letters asking for your 2015/16 ART Membership subscriptions. Members at the ART AGM voted to keep the subscription at the same level, meaning it continues to offer great value at £5 per year. Anyone able to contribute more is invited to become a Friend or Sponsor of ART through the growing ART Supporters Scheme. Thank you.

By Les Boyce
ART Secretary
lesboyce@ringingteachers.co.uk

LtR News Round-up

The new SmART Ringer let's you register your new Ringers and record their progress at each Level. Every pass is now visible to both you and your Ringer, plus there are a host of new Ringer's resources available.



Learning the Ropes

Swan Tower secures LtR passes

ART Teacher Corrine Duncan attended the ART Teaching Scheme Modules in New Zealand in during last summer - having travelled all the way from Perth as the nearer Day Courses in Adelaide were oversubscribed!

She returned to Perth to teach in the famous Swan Bell Tower, recruited some new ringers and her pupils have recently achieved their first certificates on Learning the Ropes scheme. It is interesting to note that in ANZAB (Australia and New Zealand Bell ringers association) the number of ringers is actually increasing now – we hope Corrine and her fellow teachers continue to help that continue.

Photo (left to right): Michelle Hudson (LtR Level 1), Corinne Duncan (ART Teacher), Mark Tearle (LtR Level 1 and 2) and Matt Tennant (LtR Level 1).



Family affair for Tom on LtR+

After completing the Learning the Ropes scheme, Thomas Monks of Marsworth, Buckinghamshire moved on to achievements on the new 'Learning the Ropes +' scheme by ringing his first peal on his 14th birthday - 2nd May 2015. He rang the treble to mixed Plain Minor Methods. Other members of the band included his mother Ruth (it was her first peal too), plus Lyndsey and Nick Brett – all three of which are ART Members and Teachers at Marsworth.

Congratulations to Thomas!

Don't forget the 'Learning the Ropes +' achievements scheme is open to all ringers and all teachers on SmART Ringer. You can record passes for yourself and your Ringers through the 'Manage Ringers' link once you login to SmART Ringer. New LtR+ logbooks are also available to order via

www.smartringer.org/shop



En-Abel-ing LtR in the Beltower

The latest updates to both Abel Simulator and Beltower both incorporate a number of tools and exercises that are perfect for using with your Learning the Ropes Ringers – particularly for Level 2. Roger Booth has written a useful guide which is available on SmART Ringer – find it under 'Simulators' on the Best Practice menu. We have also heard a number of people finding Virtual Belfry a useful teaching tool. Why not share your experiences on the SmART Ringer Forums?

Latest ART Updates



ART continues to work hard for its Members and for Ringing. The Conference, held in Birmingham during March, was a huge success and really valued by those who attended. Thank you again to the great Birmingham team for hosting!

Conference comes to Taylors in 2016

We are pleased to announce that next year's ART Conference will be held on Saturday 12 March 2016 in Loughborough, Leicestershire and kindly hosted by the John Taylor Bell Foundry.

As usual, the event will include the ART Annual General Meeting, a series of leading headline speakers and workshop elements for you to choose, plus a number of displays and of course all the ART products and merchandise available to buy.

Please put the date in your diary now! What would you like included in the program? Let us know by contacting Pip Penney – see details on the cover.



Partnership with Central Council

Following the recent Central Council meeting in Hull, ART and the CCCBR are to work in partnership. The CC President and Vice-President both also spoke at the ART Conference (right). We feel that co-operation in a number of areas will produce the best outcomes for the exercise as a whole.

Please do speak to your CC Reps to let them know your positive experiences and success stories when using the ART Teaching Scheme and Learning the Ropes.

If your CC Reps have not attended a Day Course, please do encourage them to come along – it might also be an opportunity to organise another nearby course and get more new Teachers involved too! Contact Rose Nightingale via admin@ringingteachers.co.uk and we'll be happy to look into arranging any new Day Courses.



Get in on ART LtR 50/50 CLUB!

At the ART Confernece, the first ART LtR 50/50 CLUB draw was made with first prize of £40.00 to Helen McGregor and a second prize of £20.00 to Les Boyce.

The next draw happens shortly, but please do join in the CLUB – and encourage your Ringers to as well – because the more people involved the more money you can win! Information at www.ringingteachers.co.uk/5050



SmART Ringer ticks the boxes

Have you tried the new SmART Ringer website yet? ART had been using an old Moodle site that was set-up right after the first pilot Day Courses in 2009/10. The organisation, it's membership and breadth of services has grown hugely since then and Moodle was being supplemented by a vast array of disconnected spreadsheets.

Therefore, we embarked on a major project to create a new resource that better served you, as our Mentors, Teachers and Ringers, but also the organisation and it's administrative functions. The result, launched last month, is SmART Ringer at www.smartringer.org - and it's well worth a visit. Here are our top 5 things to check out...

1. Manage Ringers (and Manage Teachers)

One of the best new features of SmART Ringer is that it brings all our data together into one place – and that means benefits for you. Login and select Manage Ringers from the front page to see all your Ringers and their passes of each Learning the Ropes Level. From this page you can also add new Ringers and submit new passes for your Ringers. Mentors also have a 'Manage Teachers' link where they can see the progress of their Mentees through Modules 1 and 2.

2. Module 1 and 2 'Progress Pages'

Once logged in, under 'ART Teaching Scheme' the home pages for each Module give a quick snapshot of your progress. Still need to do your Theory Test? Access it here!

3. New Forums – for Mentors and Teachers

The Forums were a popular part of Moodle, and they're now even better. In the left-menu, click on Forums to discover the familiar Teachers Forum and now an extra one for those who are Mentors. Click into each Forum and select 'Subscribe' on the right-hand-side to be kept up to date via email.

4. SmART Ringer Shop

Need more Learning the Ropes logbooks, or new Learning the Ropes badges? Perhaps you're interested in an ART DVD or the Whiting Society resources. All this is now easy to find and buy using the SmART Ringer Shop, incorporating the option of PayPal payment too.

5. Personal Profile

SmART Ringer is designed to be much more personal. When you log in, look under 'Profile' on the top menu and you can update your name, address, home tower, email and password information from right within SmART Ringer. You can now also add a profile picture to improve your profile even further.

We hope you find the new website useful and easy to use. With such a major transition there are always bumps in the road and we welcome any feedback or corrections to transition@smartringer.org.

Create a new password with your existing Moodle username and then get started exploring and submitting your LtR passes and Teacher accreditations!

By Rob Parker

ART Management Committee

robparker@ringingteachers.co.uk

www.smartringer.org

Use your usual Moodle username and create a new password using the simple process on the SmART Ringer homepage



Graham Nabb has prepared a great new video on SmART Ringer, based on the wonderful actors we had at the ART Conference in 2014. Whilst there's no professional actors, the message on the art of positive communication is just as valuable and well worth a watch.

Log in and view it at...

www.smartringer.org/resource/4808

A step-up from Supporters

Since Pip's plea at the ART Conference 2015, we have had a number of people and groups sign up as Supporters of ART. First of all a big THANK YOU!!

Our largest supporter at Patron level is the Ringing Foundation who initiated ART and supported our development from the start. Unfortunately recent communication with the Ringing Foundation has brought us the news that 2015 is likely to be the last year that we will be in receipt of a funding grant from them covering ART's administrative costs. This is due to a change in focus for the RF's charitable objects away from fundraising and grant awarding. There could be the potential for the RF to provide a donation towards a certain aspect of ART and its running in the future, but no guarantees.

The RF grant has been the core of ART's funding since inception and we have known of a plan for a diminishing grant over a five year period thus requiring us to consider firmly wider fundraising to allow us to become more self-sufficient and to pursue other grant applications, but this most recent RF news of grant end earlier than planned has now increased that consideration.

In 2014 through good fortune, strong sales and careful budgetary management we have built a small reserve which will allow us to cover our potential responsibilities for a few months into 2016.

But raising funds to cover running costs remains a worry and there is vast time given by those involved. Whilst the costs of running a Day Course are largely covered, the follow on costs year on year as teachers use the system, the information available to help them, and add and reward new ringers, simply cannot be covered by an initial fee that would be acceptable.

We remain actively engaged in seeking additional funding based on future projects. Unfortunately the ringing culture is not a generous one (except perhaps to local restoration projects) and whilst paying for tuition etc. is often offered and received, passing it back to a central organisation rather than a local church or association does not happen. Changing cultures takes a long time hence we continue to need your support.

We are hopeful of a Heritage Lottery Fund grant to pilot and educate the public on the heritage of ringing in 2016/17, which, if successful, will enable us to consider a national roll out later on. This will assist greatly with changing our image, assisting understanding of what we do and of course with recruitment.

Our Supporters Scheme and the ART Ltr 50/50 CLUB are the foundation of our hopes for secured funding beyond the Membership fee of ART Members. There are a range of benefits available at stage level of annual donation, split into Friend, Sponsor and Patron. We are always looking for ways to better reward our Supporters though, and would welcome any feedback.

Finally thank you again to all who continue to support ART – without your contributions nothing would be achieved.

By Graham Nabb
ART Management Committee
grahamnabb@ringingteachers.co.uk



Supporters

Become a Supporter

The ART Supporters programme has three levels based upon the annual donation...

- Friend & ART Teaching Centre: £5+/mth or £50+/yr
- Sponsor: £20+/mth or £250+/yr
- Patron: £85+/mth or £1,000+/yr

See the numerous benefits and please consider joining the scheme by visiting the website at ringingteachers.co.uk/supporters

Score from successful goals

In the last two Teaching Tips articles we looked at goal setting as a motivational tool and the GROW model of putting goal setting into practice. In this article we will look at the various types of goals which can be used and when each type of goal might be useful to us when we are teaching ringers.

- What do you think of when you set goals for your ringers?
- Do you have a long term goal for your ringers or for your band?
- How do you plan the actions necessary to achieve your long term goals?

Long-term Goals

The long-term goal is the eventual target, in a way it is like an overall strategy. Long-term goals can be set for a band, for example becoming an 8-spliced ringing band or for an individual, for example ringing a first quarter or learning Bob Doubles. It is important to have a long-term goal to aim towards, something to work towards.

However, by definition long term goals take a long time to reach and this may make them seem remote and rather unachievable, a ringer may give up trying as there is no immediate success to create confidence and motivation.

Short-term Goals

Short-term goals can be used as stepping stones along the way to the long term goal providing recognisable achievements along the way. Short-term goals can be specific and may be designed to work towards a certain part of the overall long term goal. These short term goals can be used to improve any aspect of performance; handling, bell control, theory and concentration for example. When each goal is achieved there is a boost to the ringers confidence and therefore to his or her motivation. It feels good to achieve something you have set out to complete.

Achievement Goals

Often ringers think of goals in terms of ringing a quarter peal of a certain method, perhaps a pass of the higher Levels of Learning the Ropes. This type of goal is known as an Achievement Goal. The goal is directed at achieving a target.

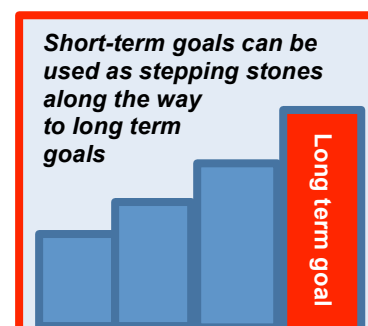
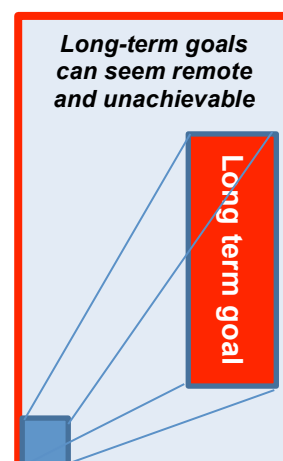
The problem with this sort of goal is that all the factors involved in achieving it are not controllable by the individual ringer. That is to say the achievement of the individual ringer is reliant upon the performance of others. Other ringers may go wrong or the quarter may be miscalled for example. This lack of controllability may lead to disappointment and frustration. For this reason focusing only on Achievement Goals may have unpredicted negative effects.

It is important that ringers achieve success, as without success they are likely to lose confidence in their own abilities.

There are other types of goals which are more controllable and can be used along the way to enhance confidence and motivation along the way to the eventual achievement goal.

Teaching Tips #12

By Pip Penney
ART Tutor



When achieved, goals boost self-confidence...

That felt great!

Performance Goals

Performance Goals focus on improving performance (ie, ringing with rhythm/improving striking/attending more frequently) that is to say on achieving a set of standards. Performance Goals encourage the development of mastery of the skill, that is improving the standard of the ringing and can make a ringer feel satisfied with a performance.

These targets can be worked on by the ringer independently and are not reliant on the performance of other ringers. These goals relate to factors within the control of the ringer.

| PERFORMANCE GOALS The ringer needs feedback during practise | |
|--|---|
| EXAMPLE | POSSIBLE ACTIVITY |
| Improve rhythm on 6 | Ring lots of PH on 6 from different starts |
| Improve 3/4 up dodge in Plain Bob Doubles | Ring Bayles [repeated lead] Plain Bob Doubles |
| Improve ringing up and down in peal | Practice on 3 then 4 then 6 then 8 etc |
| Improve striking in Doubles Methods | Learn and ring lots of Doubles methods |
| Improve treble ringing to Cambridge Minor | Ring Treble Bob Hunt as an exercise |

Process Goals

Process Goals focus on controllable factors that will result in improvement, they can be used to concentrate on or to emphasise areas where a ringer needs to work to improve technique.

For example bell control /handling style/ handling skills – such as pulling right through or catching the tail end after the handstroke pull/ or listening skills, using a simulator, learning theory.

| PROCESS GOALS Remember to give feedback! | |
|--|---|
| EXAMPLE | POSSIBLE ACTIVITY |
| Improve dodging striking - backstroke | Practice taking in and letting out rope |
| Improve accuracy of moving bell at hand and back | Kaleidoscope sequences |
| Improve ability to set bell | Bell control exercises such as Twinkle, Twinkle Little Star – see Ltr Level 2 |
| Method mistakes | Learn theory more thoroughly – quizzes, questioning, write out on the board |

Research has demonstrated that by focusing on Performance Goals and Process Goals which are controllable rather than just on achievement goals individuals are more likely to become more confident and better able to concentrate.

It is our responsibility as teachers to help set goals which can be realistically achieved.



Level 1

Rosie Billington - St Peter and St Paul
Cranfield
Sue Ewart - Alderney
Anneisabelle Boulon - Alderney
Ben Eaden - Woolpit
Elaine Trump -Tiverton St Peter
Lauren Johnson - Dumfries
Denis Chetwood - Brewood
Jo Thoresby - North Cave
Kate Dharmasena - Longstanton
Chloe Sweeney -Longstanton
Sophie Leach - Longstanton
Elizabeth Traherne - Longstanton
Maya Collinson - Longstanton
Hazel Bailey - Longstanton
Carmen Wright - Thornham Magna
Judy Quarrie-Roberts - Landbeach
Chris Englefield - Colwall
Matt Tennant - The Bell Tower, Perth,
Western Australia
Reece Perry - Landbeach
Emma Mutie - Arnold
Christie Mutie - Arnold
Teddy Elvin -Warwick
Matt Preston - Kingston upon Thames
Shirley Mathews - Covington
Oscar William Kelly - Eye, Ss Peter and
Paul
Lauren Cooper - Eye, Ss Peter and Paul
Felicity Ruth Lawn - Eye, Ss Peter and Paul
Sam Stirling - St Helen's, Abingdon
Thomas Willetts - BSoBR
Daniel Williamson - Sandon
Sue Sewell - Covington
Peter Sewell - Covington
Mark Tearle - The Bell Tower, Perth
Michelle Hudson -The Bell Tower, Perth
Alison Meah - Longstanton
Peter Hughes - Longstanton
Matija Krkovic - Longstanton
Luca Chalklin - Longstanton
Max Berger - Horley
Megan George - Great Gransden
Dylan Morris - SS Peter & Paul, Abington
Jonathan Foster - Kineton/Pillerton
Rachel Berger - Horley
David Goodlad - Rattlesden
Carol Harris-Deans -Preston
Susan Sellars - Haxey
Jacob Black - Messingham
Elaine Housley - Messingham
Louise Baxendale -Messingham
Sophie Baxendale - Messingham

Nic Boyd - Pattishall
Francesca Berger - Horley
Tia Hodgins -All Saints' Roos
Alfie Jones - South Marston
Emilee Foster - Newton St Loe
Megan Foster - Newton St Loe
Olivia Hunt - Burnham on sea
Kiera Smith - Longstanton
James Austin - Mildenhall
Tina Baker - The Bell Tower, Perth
Heather Holman - St Peter & St Paul
Cranfield
Kizzy Meredith - Dawlish
Josh Meredith - Dawlish
Martin Teh - St Peter & St Paul Cranfield
Kathleen Power - All Saints - Rockwell
Green
George Doe - Tiverton, St Peter
Nicky Weaver - Edge Hill Ringing Centre
Kyra Adams - Whitehaven
June Banister - St Anne, Alderney
Carolyn Wadley - St Nicholas Rattlesden
John Broom - Arnold
Frankie Broom - Arnold
Eric Rose - Arnold
David Durell - Cinque Ports Ringing
Centre
Karen Kiddell - St Giles, Norwich

Level 2

Colin Allen - Offenham
Claire Allen - Offenham
David Roemmele - Dunkeld Cathedral
Dave Graham - Tiverton St Peter
Teresa Ives - Bardwell
Ian Willis - Claverdon
Mungo Collison - Swaffham Bulbeck
Joy Smith - Messingham
Jenny Sunter - BSoBR
Tim Sunter - BSoBR
Zoe Wright - Thornham Magna
Anne Graham - Dunkeld Cathedral
Paddy Meyer - Adelaide Ringing Centre
John Tite - Horley
Heather Middleton - Mildenhall
Patrick Freeman - St Leonard's, Deal
Chris Lane - Cleator Moor
Martin Finlinson - Cleator Moor
Duncan Hoyle - Cleator Moor
Jeanne Clements - Cleator Moor
David Austen - Cleator Moor
Catherine A Ward - Scawby
Roger Gooding – Landbeach

Richard Portwood - Bramcote
Murray Smith - Bramcote
Sophie Keeble - Harborne
Mark Tearle - The Bell Tower, Perth
Yvonne Hollings - Keighley
Sallie Morgan - BSoBR
Carole A Roberts - Scawby
M Caroline Ballard - Brigg
Fiona Lingard - Hibaldstow
Marian Divers - Minster
Ellie Williams - Staunton on Arrow
Kirsty Dixon - Acomb York
Eden Horwood - Wing, Bucks
Mandy Burnett - Bampton
Korinn Sumner - Staunton on Arrow
Roderick Stell - Edgehill
Margaret Llewellyn - St.Margaret, Ipswich
Martin Howse - St.Margaret, Ipswich
Carina Winget - St.Margaret, Ipswich
Kiyoshi Thompson - Swaffham Bulbeck
Zoe Rose-Higgins - Arnold
John Broom - Arnold
Georgie Broom - Arnold
Frankie Broom - Arnold
Liam Ledger - All Saints' Roos
Emma Bailey - Wallington
Philip Bailey - Wallington

Level 3

Robert Hess - Brewood
Joe Hoyle- Cleator Moor
Mary Hartley- St Peter & St Paul, Cranfield
Eleanor Tout - Shirenewton
Catherine A Ward - Scawby
Christine Barnell - BSoBR
John Rogers - BSoBR
Helen L Neal - Barrow-upon-Humber
Francis Grey - Bosbury Herefordshire
Ralph Holtom - Kineton
Sam Kellaway – Shirenewton
Rowan Butler - Edge Hill Ringing Centre
Peter Sims - Swaffham Bulbeck

Level 4

Gaye Soule - St. Mary's, Eaton Bray
Joe Hoyle - Cleator Moor
Charis Armstrong - Sampford Brett
Andrew Hardy – BsoBR
Sam Pearce - Cheddington

Level 5

Albert Williams - Warwick Schools
Rosie Storrar - All Saints, Marsworth