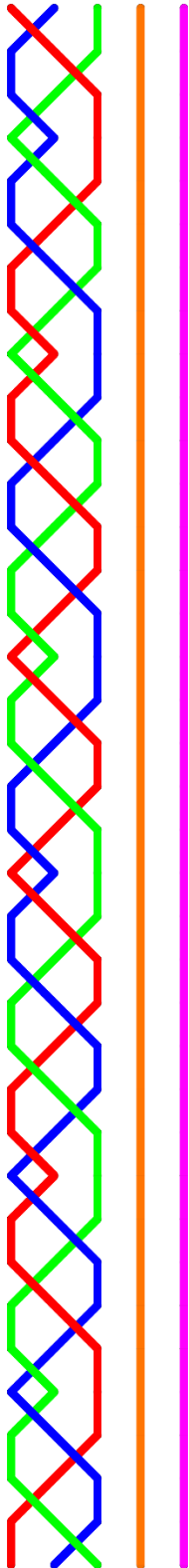


Stedman Slow Work (also known as Stedman Singles)



Purpose

This is all the front work of Stedman and is rung on 3 bells. It is also known as Stedman Singles and should not be confused with the calls which come later.

It is constructed, exactly as in Stedman at higher levels, of alternate Quick sixes (right hunting) and Slow sixes (wrong hunting) and is a particularly useful exercise, as you only have to learn and ring the front work. As with Stedman at all stages it starts halfway through a quick six so the treble hunts out quick.

It is best rung with a number of covering bells so that the physical movement from place to place will be similar to when you are ringing on 5 or 6 bells and keeps the same rhythm.

Technically this method is false that is there are repetitions of the rows, but this often happens on 3 bells and in training exercises it does not matter.

Ringing Stedman Slow Work

Starts:

- The treble runs out quick, makes three blows in thirds and hunts down to start the slow work.
- The 2 rings the last whole turn, runs out, makes three blows in thirds place and hunts down to lead.
- The 3 starts by hunting down to a point lead, then continues the slow work.

The three blows in thirds are made up of one blow for hunting and two blows for the thirds at the end/beginning of the slow work.

Jargon

Stedman slow work. The extended or long front work.

Right hunting. Plain hunt starting on the handstroke.

Wrong hunting. Plain hunt starting on the backstroke.

Whole turn. Two whole pulls in the lead separated by a snap in seconds place.